

Paul D. Casey Bio

www.growingforwardservices.net



Originally from Chicago, Paul has now been a professional speaker for over 28 years (giving 129 presentations last year), and he equips and coaches leaders and teams to spark breakthrough success. He has spoken for organizations like Arbys, McDonalds, Subway, Papa Johns, Lamb Weston, Dept of Energy, DSHS, the Association of WA Cities – and, among the 80 leaders he coaches per year, 25 of them lead at Pacific NW National Laboratories. Paul has a Master’s degree in education, and has been an educator/administrator/Chief Operating Officer in 5 non-profit organizations. He has coached leaders for over 3,700 hours and is an ACC-certified coach with the International Coaching Federation, as well as a Master Trainer and a member of the National Speakers Association. He was honored as an Entrepreneur of the Year in the Tri-Cities in 2021.

Through his company, Growing Forward Services, Paul has partnered with his corporate and individual clients to transform their vision, their habits, and their lives. Currently, Paul carries out his mission by contributing daily inspirational growth messages on local radio, writing for the *Tri-Cities Journal of Business*, and via social media posts. Also, he has inspired thousands of individuals and leaders to grow forward through his soft-skills seminars, team-building off-site retreats, group and executive coaching, and as a keynote speaker. Paul has written 5 books: [*The Static Cling Principle \(on habits and mindsets\)*](#), [*Maximizing Every Minute \(on time management\)*](#), [*Leading the Team You’ve Always Wanted*](#), [*Leading with Super-Vision*](#), and [*Leading through the Dark Waters of Conflict*](#).

Paul is also part-time Executive Director for Leadership Tri-Cities, facilitating the success of 2 dozen leaders per year to become positive catalyst that impact their companies and community.

Paul is married to Lovely Laura, has two young adult children named after state capitals, owns a Lhasa apso puppy named Gizmo, and has lived in the Tri-Cities, WA, for over 25 years. For fun, he enjoys golfing and hiking – and orange slices – and he reads over 40 books per year.