

FOOD FOR *Thought*

Please Respond To The Following....

- PLATE: List all the things "on your plate" right now
- FORK: List what new things you'd like to take a stab at.
- NAPKIN: List of things that protect you
- KNIFE: List of things that are cutting away at your time.
- SPOON: You probably don't want to be spoon fed, but list of things you'd like help with.








